

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported)      **April 23, 2014**

**Appliance Recycling Centers of America, Inc.**  
(Exact name of registrant as specified in its charter)

**Minnesota**  
(State or other jurisdiction  
of incorporation)

**000-19621**  
(Commission  
File Number)

**41-1454591**  
(IRS Employer  
Identification No.)

**7400 Excelsior Blvd., Minneapolis, MN**  
(Address of principal executive offices)

**55426-4517**  
(Zip Code)

Registrant's telephone number, including area code      **(952) 930-9000**

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 2.02 Results of Operations and Financial Condition**

On April 23, 2014, Appliance Recycling Centers of America, Inc. announced that it will report first quarter financial results for the period ended March 29, 2014, after the market closes on Monday, May 5, 2014. The Company will hold a conference call at 10:00 a.m. Central Time on Tuesday, May 6, 2014, to discuss its first quarter financial results.

To participate in the conference call, please dial the following number ten minutes prior to the scheduled time: 800-617-1412. A replay of the conference call will be available on the Company's website at [www.ARCAINc.com](http://www.ARCAINc.com) approximately 24-48 hours after the completion of the call.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Appliance Recycling Centers of America, Inc.

Date: April 23, 2014

/s/ Jeffrey A. Cammerrer

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Jeffrey A. Cammerrer  
Chief Financial Officer