

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): **January 21, 2016**

Appliance Recycling Centers of America, Inc.
(Exact name of registrant as specified in its charter)

Minnesota
(State or other jurisdiction
of incorporation)

000-19621
(Commission
File Number)

41-1454591
(IRS Employer
Identification No.)

175 Jackson Avenue North, Suite 102, Minneapolis, Minnesota

55343-4565

(Address of principal executive offices)

(Zip Code)

Registrant's telephone number, including area code: **(952) 930-9000**

Not Applicable
(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 5.02 Departure of Directors and Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

(c) On January 21, 2016, Rachel L. Holmes, age 52, was appointed Executive Vice President of ARCA Recycling, Inc., the recycling segment of Appliance Recycling Centers of America, Inc. ("ARCA"). Ms. Holmes joined ARCA in February 2001 and has held positions of increasing responsibility in marketing and advertising, business development and client services. Ms. Holmes has served as Vice President of Business Development for ARCA from April 2008 until July 2015 at which time she transitioned to the role of Vice President of Client Services.

There are no arrangements or understandings between Ms. Holmes and any other person pursuant to which she was elected as an officer of the Company. There are no transactions in which Ms. Holmes has an interest requiring disclosure under Item 404(a) of Regulation S-K.

A press release announcing Ms. Holmes' appointment is furnished as Exhibit 99.1.

ITEM 9.01 Financial Statements and Exhibits

(d) Exhibits.

Exhibit Number	Description of Document
99.1	Press Release dated January 21, 2016.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Appliance Recycling Centers of America, Inc.

Date: January 21, 2016

/s/ Edward R. Cameron

Edward R. Cameron
President and Chief Executive Officer



FOR IMMEDIATE RELEASE

**Appliance Recycling Centers of America, Inc. (ARCA) Announces
Appointment of Rachel L. Holmes to Executive Vice President of ARCA Recycling, Inc.**

January 21, 2016-Minneapolis-Appliance Recycling Centers of America, Inc. (NASDAQ: ARCI), the nation's leading provider of appliance recycling services, today announced it has appointed Rachel L. Holmes to the position of Executive Vice President of the company's subsidiary, ARCA Recycling, Inc. In this role, Holmes will lead ARCA's recycling segment's sales and operations in pursuing expanded business opportunities with utility companies and other clients across the country. Holmes served as Vice President of Business Development for ARCA, Inc. from April 2008 until July 2015, when she transitioned to the role of Vice President of Client Services.

"ARCA Recycling's business opportunities have increased since our major competitor abruptly ceased operations in November 2015," said Edward R. (Jack) Cameron, ARCA's President and CEO. "With this influx of business, we decided to realign our organizational structure to better serve our clients. Fortunately, we have a wealth of in-house talent to fill these roles. Rachel brings twenty-five years of experience with ARCA to her new position. She not only has a solid base of knowledge in all aspects of the business, she also has proven to work effectively with our clients and personnel over the years."

Since Holmes joined ARCA in February 1991 she has held positions of increasing management responsibility in marketing and advertising, business development and client services. She earned her Bachelor of Arts degree from the University of Minnesota (Minneapolis).

About ARCA

ARCA's three business components are uniquely positioned in the industry to work together to provide a full array of appliance-related services (www.ARCALnc.com). ARCA Advanced Processing, LLC employs advanced technology to refine traditional appliance recycling techniques to achieve optimal revenue-generating and environmental benefits (www.ARCAAp.com). ARCA Recycling's regional centers process appliances at end of life to remove environmentally damaging substances and produce material byproducts for recycling for utilities in the U.S. and Canada (www.ARCAREcyclinginc.com, www.ARCACanada.ca). Eighteen company-owned stores under the name ApplianceSmart, Inc.® (www.ApplianceSmart.com) sell new appliances directly to consumers and provide affordable ENERGY STAR® options for energy efficiency appliance replacement programs.

This press release contains statements that are forward-looking statements as defined within the Private Securities Litigation Reform Act of 1995, including statements regarding ARCA's future success. These forward-looking statements are subject to risks and uncertainties that could cause actual results to differ materially from the statements made, including the risks associated with general economic conditions, competition in the retail and recycling industries and regulatory risks. Other factors that could cause operating and financial results to differ are described in ARCA's periodic reports filed with the Securities and Exchange Commission. Other risks may be detailed from time to time in reports to be filed with the SEC.

FOR MORE INFORMATION, CONTACT:
Edward (Jack) R. Cameron, CEO (952) 930-9000