

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13G
Under the Securities Exchange Act of 1934
(Amendment No. 5)

APPLIANCE RECYCLING CENTERS OF AMERICA, INC.
(Name of Issuer)

COMMON STOCK, WITHOUT PAR VALUE
(Title of Class of Securities)

03814F-10-6
(CUSIP Number)

EDWARD R. CAMERON
7400 EXCELSIOR BOULEVARD
MINNEAPOLIS, MINNESOTA 55426
(612) 930-9000
(Name, Address and Telephone Number of Person Authorized
to Receive Notices and Communications)

DECEMBER 31, 1996
(Date of Event Which Requires Filing
of This Statement)

Check the following box if a fee is being paid with this statement [].

(Cover page continued on next page)

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SCHEDULE 13G

CUSIP No. 03814F-10-6

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1 NAMES OF REPORTING PERSON
S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSON

Edward R. Cameron
SSN ###-##-####

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) |_ |
(b) |_ |

3 SEC USE ONLY

4 CITIZENSHIP OR PLACE OF ORGANIZATION
U.S.A.

5 SOLE VOTING POWER
NUMBER OF
SHARES 1,210,754 shares

BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH
6 SHARED VOTING POWER
-0- shares
7 SOLE DISPOSITIVE POWER
1,210,754 shares
8 SHARED DISPOSITIVE POWER
-0- shares

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
1,210,754 shares

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES* []

11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)
26.6%

12 TYPE OF REPORTING PERSON*
IN

*SEE INSTRUCTIONS BEFORE FILLING OUT!

ITEM 1(a). NAME OF ISSUER.
Appliance Recycling Centers of America, Inc.

ITEM 1(b). ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES.
7400 Excelsior Boulevard
Minneapolis, Minnesota 55426

ITEM 2(a). NAME OF PERSON FILING.
Edward R. Cameron

ITEM 2(b). ADDRESS OF PRINCIPAL BUSINESS OFFICE OR, IF NONE, RESIDENCE.
7400 Excelsior Boulevard
Minneapolis, Minnesota 55426

ITEM 2(c). CITIZENSHIP.
United States of America

ITEM 2(d). TITLE OF CLASS OF SECURITIES.
Common stock, without par value

ITEM 2(e). CUSIP NO.
03814F-10-6

ITEM 3. IF THIS STATEMENT IS FILED PURSUANT TO RULES 13D-1(b), OR 13D-2(b), CHECK WHETHER THE PERSON IS A:
[] (a) Broker or Dealer registered under Section 15 of the Act;
[] (b) Bank as defined in Section 3(a)(6) of the Act;
[] (c) Insurance Company as defined in Section 3(a)(19) of the Act;

- [] (d) Investment Company registered under Section 8 of the Investment Company Act;
- [] (e) Investment Adviser registered under Section 203 of the Investment Advisers Act of 1940;
- [] (f) Employee Benefit Plan, Pension Fund which is subject to the provisions of the Employee Retirement Income Security Act of 1974 or Endowment Fund; see Rule 13d- 1(b) (1) (ii) (F);
- [] (g) Parent Holding Company, in accordance with Rule 13d- 1(b) (ii) (G) (Note: See Item 7); or
- [] (h) Group, in accordance with Rule 13d-1(b) (1) (ii) (H).

Not Applicable.

ITEM 4. OWNERSHIP.

The following information is provided as of December 31, 1996:

- (a) Amount Beneficially Owned: 1,210,754 shares
- (b) Percent of Class (based on 4,546,917 shares outstanding): 26.6%
- (c) Number of shares as to which such person has:
 - (i) Sole power to vote or to direct the vote: 1,210,754 shares
 - (ii) Shared power to vote or to direct the vote: -0- shares
 - (iii) Sole power to dispose or to direct the disposition of: 1,210,754 shares
 - (iv) Shared power to dispose or to direct the disposition of: -0- shares

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ITEM 5. OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS.

Not applicable.

ITEM 6. OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON.

Not applicable.

ITEM 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY.

Not applicable.

ITEM 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP.

Not applicable.

ITEM 9. NOTICE OF DISSOLUTION OF GROUP.

Not applicable.

ITEM 10. CERTIFICATION.

Not applicable.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I

certify that the information set forth in this statement is true, complete and correct.

Dated: February 6, 1997.

/s/ EDWARD R.CAMERON
Edward R. Cameron

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