

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-K/A
AMENDMENT NO. 2
 ANNUAL REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934
FOR THE FISCAL YEAR ENDED DECEMBER 28, 1996
OR
 TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

Commission File No. 0-19621

APPLIANCE RECYCLING CENTERS OF AMERICA, INC.
(Exact name of registrant as specified in its charter)

MINNESOTA
(State or other jurisdiction of
incorporation or organization)

41-1454591
(I.R.S. Employer
Identification No.)

7400 EXCELSIOR BOULEVARD, MINNEAPOLIS, MINNESOTA
(Address of principal executive offices)

55426-4517
(Zip Code)

Registrant's telephone number, including area code: 612-930-9000

Securities registered pursuant to Section 12(b) of the Act: NONE
Securities registered pursuant to Section 12(g) of the Act: COMMON STOCK,
WITHOUT PAR VALUE
(Title of Class)

Indicate by check mark whether the registrant (1) has filed all reports required
to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during
the preceding 12 months (or for such shorter period that the registrant was
required to file such reports) and (2) has been subject to such filing
requirements for the past 90 days. Yes No

Indicate by check mark if disclosure of delinquent filers pursuant to Item 405
of Regulation S-K is not contained herein, and will not be contained, to the
best of registrant's knowledge, in definitive proxy or information statements
incorporated by reference in Part III of this Form 10-K or any amendment to this
Form 10-K.

SIGNATURES

Pursuant to the requirements of Section 13 or Section 15(d) of the
Securities Exchange Act of 1934, the Registrant has duly caused this Report to
be signed on its behalf by the undersigned, thereunto duly authorized.

Dated: June 4, 1997

APPLIANCE RECYCLING CENTERS OF
AMERICA, INC.
(Registrant)

By /s/ Edward R. Cameron
Edward R. Cameron
President and Chief Executive Officer

By /s/ Kent S. McCoy
Kent S. McCoy
Vice President of Finance and Treasurer

Pursuant to the requirements of the Securities Exchange Act of 1934,
this Report has been signed by the following persons on behalf of the Registrant
and in the capacities and on the dates indicated.

Signature - - - - -	Title -----	Date -----
/s/ Edward R. Cameron Edward R. Cameron	Chairman of the Board, President and Chief Executive Officer	June 4, 1997
/s/ Kent S. McCoy Kent S. McCoy	Vice President of Finance and Treasurer (Principal Accounting Officer)	June 4, 1997
/s/ George B. Bonniwell	Director	June 4, 1997

George B. Bonniwell

/s/ Duane S. Carlson Director
Duane S. Carlson

June 4, 1997

/s/ Harry W. Spell Director
Harry W. Spell

June 4, 1997

INDEX TO EXHIBITS

Exhibit No. -----	Description -----
23.1	Consent of McGladrey & Pullen, LLP

CONSENT OF INDEPENDENT ACCOUNTANTS

We hereby consent to the incorporation by reference in the Registration Statement on Form S-8 (commission file No. 33-51584), on Form S-8 (commission file No. 33-68890), and on Form S-3 (commission file No. 333-15463) of our report dated February 18, 1997 with respect to the consolidated financial statements of Appliance Recycling Centers of America, Inc., appearing in the Company's Annual Report on Form 10-K for the year ended December 28, 1996.

McGLADREY & PULLEN, LLP

Minneapolis, Minnesota
June 5, 1997