
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: **April 29, 2004**
(Date of earliest event reported)

Appliance Recycling Centers of America, Inc.

(Exact name of registrant as specified in its charter)

Minnesota
(State or other jurisdiction of
incorporation or organization)

000-19621
Commission
File No.

41-1454591
(I.R.S. Employer
Identification No.)

7400 Excelsior Boulevard
Minneapolis, MN
(Address of principal executive offices)

55426-4517

(952) 930-9000
(Registrant's telephone number, including area code)

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ITEM 7: FINANCIAL STATEMENTS, PRO FORMA FINANCIAL INFORMATION AND EXHIBITS

(c) Exhibits

<u>Exhibit Number</u>	<u>Description</u>
99.1	Press Release dated April 28, 2004

ITEM 12: RESULTS OF OPERATIONS AND FINANCIAL CONDITION

The following information is furnished pursuant to Item 12, "Disclosure of Results of Operations and Financial Condition."

On April 28, 2004, Appliance Recycling Centers of America, Inc. issued a press release announcing that it has been selected by The United Illuminating Company and The Connecticut Light & Power Company to handle a joint appliance recycling program in the utilities' service territories for the year 2004.

A copy of the press release is attached as an exhibit to this filing on Form 8-K.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

APPLIANCE RECYCLING CENTERS OF AMERICA, INC.

Date: April 29, 2004

/s/Linda Koenig
Linda Koenig, Vice President of Finance

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**Exhibit
Number**

Description

99.1

Press Release dated April 28, 2004



Appliance Recycling Centers of America, Inc.
7400 Excelsior Boulevard, Minneapolis MN 55426 (952) 930-9000

FOR IMMEDIATE RELEASE

FOR MORE INFORMATION CONTACT:
Edward R. (Jack) Cameron (952) 930-9000

**Appliance Recycling Centers of America Selected
To Provide Services for Connecticut Utilities**

Minneapolis, MN—April 28, 2004—Appliance Recycling Centers of America, Inc. (OTC BB: ARCI) today announced that it has been selected by The United Illuminating Company and The Connecticut Light & Power Company to handle a joint appliance recycling program in the utilities' service territories for the year 2004.

ARCA, which provided appliance recycling services for these two electric utility companies in the early 1990s, began collecting and recycling operations for the current program in mid-April. Initially, the program will focus on the southwestern area of Connecticut.

As previously reported, ARCA has also entered a contract with Southern California Edison Company to handle appliance recycling operations under California's Statewide Residential Appliance Recycling Program for the years 2004 and 2005, and with San Diego Gas & Electric Company for the year 2004.

Edward R. (Jack) Cameron, president and chief executive officer, said, "We are encouraged by the renewed interest of East Coast electric utility companies in promoting energy efficiency through appliance recycling. By removing working but inefficient household appliances from service, utilities can make a significant impact in reducing electricity consumption, thereby helping to control the need for building costly new power generation facilities."

About ARCA

ARCA is one of the nation's largest recyclers of major household appliances for the energy conservation programs of electric utilities. Through its ApplianceSmart (www.ApplianceSmart.com) operation, ARCA also is one of the nation's leading retailers of special-buy household appliances, primarily those

manufactured by Maytag, GE, Frigidaire and Whirlpool. These special-buy appliances, which include close-outs, factory overruns and scratch-and-dent units, typically are not integrated into the manufacturer's normal distribution channel. ApplianceSmart sells these virtually new appliances at a discount to full retail, offers a 100% money-back guarantee and provides warranties on parts and labor. As of April 2004, ApplianceSmart was operating nine factory outlets: four in the Minneapolis/St. Paul market; three in the Columbus, Ohio, market; one in the Atlanta market; and one in Los Angeles.

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Statements about ARCA's outlook are forward-looking and involve risks and uncertainties, including but not limited to: the strength of recycling programs, the growth of appliance retail sales, the speed at which individual retail stores reach profitability, and other factors discussed in the Company's filings with the Securities and Exchange Commission.

Visit our web site at www.arcainc.com
