UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) September 25, 2009

Appliance Recycling Centers of America, Inc.

(Exact name of registrant as specified in its charter)

Minnesota (State or other jurisdiction

of incorporation)

000-19621 (Commission File Number) **41-1454591** (IRS Employer Identification No.)

7400 Excelsior Blvd., Minneapolis, MN (Address of principal executive offices) 55426-4517 (Zip Code)

Registrant's telephone number, including area code (952) 930-9000

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.01: Completion of Acquisition or Disposition of Assets

Sale and lease back of St. Louis Park Building

On September 25, 2009, Appliance Recycling Centers of America, Inc. (the "Company") completed its agreement with Japs-Olson Company (the "Purchaser") to sell and lease back its St. Louis Park building. The building is a 126,000 square foot facility which includes the Company's executive offices, a processing and recycling center and a retail store. Pursuant to the agreement entered into on August 11, 2009, the Company sold its St. Louis Park building to the Purchaser for \$4.7 million in cash and leased the building back over an initial lease term of five years. The sale of the building provided the Company with approximately \$2.0 million in cash after the repayment of the mortgage.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Appliance Recycling Centers of America, Inc.

Date: October 1, 2009

/s/ Peter P. Hausback Peter P. Hausback Executive Vice President & Chief Financial Officer