## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

#### CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 12, 2016

### **Appliance Recycling Centers of America, Inc.**

(Exact name of registrant as specified in its charter)

Minnesota (State or other jurisdiction of incorporation) **000-19621** (Commission File Number) **41-1454591** (IRS Employer Identification No.)

175 Jackson Avenue North, Suite 102, Minneapolis, MN (Address of principal executive offices) 55343-4565 (Zip Code)

Registrant's telephone number, including area code: (952) 930-9000

Not Applicable

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

# ITEM 5.02 Departure of Directors and Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

(c) On October 12, 2016, James P. Harper was appointed Chief Operating Officer of Appliance Recycling Centers of America, Inc. ("ARCA"). From August 2011 to 2016, Mr. Harper, age 43, was Vice President of CLEAResult, and from November 1999 to 2010 was Senior Director of Structure Group.

In addition to other employment benefits, Mr. Harper is entitled to a base salary of \$240,000 per year, a first year quarterly bonus of \$15,000 and thereafter an annual bonus as determined by the Company's board of directors.

There are no arrangements or understandings between Mr. Harper and any other person pursuant to which he was elected as an officer of the Company. There are no transactions in which Mr. Harper has an interest requiring disclosure under Item 404(a) of Regulation S-K.

#### 2

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Appliance Recycling Centers of America, Inc.

Date: October 18, 2016

/s/ Tony Isaac Tony Isaac Chief Executive Officer