FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		,														
1. Name and Address of Reporting Person * CARLSON DUANE				2. Issuer Name and Ticker or Trading Symbol APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN [ARCI]						-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 7400 EXCELSIOR BLVD.				3. Date of Earliest Transaction (Month/Day/Year) 08/20/2007												
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						-	6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
	APOLIS, N											rom med o	, whose than one	reporting reiso		
(City	y)	(State)	(Zip)			,	Table	I - Non-De	ivative S	Securitie	s Acqui	red, Dispose	d of, or Bene	eficially Owr	ed	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat any (Month/Day/Y		Date, if	Code (Instr	Transaction de (A) or Disposed (Instr. 8) (Instr. 3, 4 and 5)		isposed o	of (D) Owned Follow		,		Ownership of Form: Edited (D)	7. Nature of Indirect Beneficial Ownership	
					/ I cai,		ode V	Amount (A) or (D) F		Price	or (I		(Instr. 4)			
Common	Stock w/o	o Par value	08/20/2007				5	S	286	D	\$ 6.9	4,375			D	
Temmuer	•	•			, 0	······································		in this	ns who form a	re not r	equired	l to respon	d unless th	tion contai e form	ned SEC	1474 (9-02)
Telimaer	•	•		Derivati				Perso in this displa	ns who form a ys a cu	re not r	equired valid O	I to respon MB control	d unless th		ned SEC	1474 (9-02)
1. Title of	2. Conversion or Exercise Price of Derivative Security	*****	Table II - 3A. Deemed Execution Date, if	4. Transac Code	ive Sotts, ca	ecurit	ative ities ired resed)	Perso in this	ns who form a ys a cu cosed of convertible cisable a coate	re not r rrently , or Bene ble secur	equired valid Of eficially tities) 7. Title of Undo Securiti	I to respon MB control Owned and Amount erlying	d unless th number.		of 10. Owners Form o Derivat Security Direct (or Indir	11. Natu of Indire Benefici ive Ownersl (Instr. 4
1. Title of Derivative Security	Conversion or Exercise Price of Derivative	Date	Table II - 3A. Deemed Execution Date, if any	4. Transac Code	ive Sotts, ca	ecuritills, was 5. Numbof Deriv Secur Acquii (A) on Dispo of (D) (Instr. 4, and	ies Accertaine (ative a	Perso in this displa quired, Dis s, options, of 6. Date Exe Expiration I	ns who form a ys a cu cosed of convertible cisable a coate	re not r rrently or Bend ole secur nd	equired valid Of eficially tities) 7. Title of Undo Securiti	I to respon MB control Owned and Amount erlying ies	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	f 10. Owners Form o Derivat Security Direct (or Indir	11. Natu of Indire Benefici ive Ownersl (Instr. 4

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
CARLSON DUANE 7400 EXCELSIOR BLVD. MINNEAPOLIS, MN 55426	X					

Signatures

Duane S. Carlson	08/24/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.