## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
OMB Number:	3235-0287
Estimated average b	urden
hours per response	. 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * Jones Glynnis A			2. Issuer Name and Ticker or Trading Symbol APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN [arci]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director Officer (give title below) Other (specify below)					
7400 EX	CELSIOR	(First) BLVD.			. Date of Earliest Transaction (Month/Day/Year) 3/05/2008											
MINNE	APOLIS, N	(Street) AN 55426	4. If Amendment, Date Original Filed(Month/Day/Year)				_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person								
(Cit	y)	(State)	(Zip)			7	Γable	e I - Non-De	rivativ	e Securitie	s Acquired,	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	) any	emed ion Date, if	Date, if	(Instr. 8)		4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)					d O Fe	wnership of orm: Be	Nature Indirect neficial vnership
				(World) Da		y/ 1 cm)	C	ode V	Amou	(A) or (D)	Price	sur s und 1)		or (I	Indirect (In	nstr. 4)
			Table II -									ned				
	Table II - Derivative Securities Acquired, Disposed of, or (e.g., puts, calls, warrants, options, convertible)  1. Title of Derivative Securities Acquired, Disposed of, or (e.g., puts, calls, warrants, options, convertible)  2. S. Number Of Conversion Date Execution Date, if any (Month/Day/Year) Instr. 3) Price of Derivative Price of Derivative Securities Acquired  3. Transaction Date (Month/Day/Year) (Instr. 8) Securities Acquired (Month/Day/Year)			of, or Bene tible securi	tand 7. Title and Amount of Underlying Securities (Instr. 3 and 4) (Instr. 5) Security Owned Security:			11. Nature of Indirec Beneficia Ownershi (Instr. 4)								
	Security				(A) or Disposed of (D) (Instr. 3, 4, and 5)					Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)					
				Code	V	(A)	(D)	Date Exercisable		epiration nte	Title	Amount or Number of Shares				
Stock Option Grant	\$ 5.90	03/05/2008		A		7,500		09/05/200	08 03	3/05/2018	Commor Stock	7,500	\$ 0	7,500	D	

# **Reporting Owners**

D # 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Jones Glynnis A 7400 EXCELSIOR BLVD. MINNEAPOLIS, MN 55426	X					

#### **Signatures**

/s/ Glynnis Jones	04/01/2009
Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.