## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Wolf Morgan				2. Issuer Name and Ticker or Trading Symbol APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN [arci]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 7400 EXCELSIOR BLVD				3. Date of Earliest Transaction (Month/Day/Year) 03/10/2008													
(Street) MINNEAPOLIS, MN 55426				4. If Amendment, Date Original Filed(Month/Day/Year)							Year)		6. Individual or Joint/Group Filing/Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							ecuritie	es Acquire	ired, Disposed of, or Beneficially Owned				
1.Title of S (Instr. 3)				2A. Deemed Execution Da r) (Month/Day/		ate, if Code (Instr.		r. 8)		4. Securities Acq (A) or Disposed of (Instr. 3, 4 and 5)  (A) or Amount (D)		of (D) O Tr	Owned Following R Transaction(s) (Instr. 3 and 4)				7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Table II -							,			Owned				
Security	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code		5. Number		ts, options,				•			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Owners Form of Derivat Security Direct ( or Indir	(Instr. 4)
				Code	V	and 5)		Date Exercise	able	Expira Date	tion	Title	Amoun or Numbe of Shares		(	(	,
Stock Option Grant	\$ 5.05	03/10/2008		A		7,500		(1)	)	03/10	/2015	Commo	on 7 500	\$ 0	7,500	D	

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Wolf Morgan	v						
7400 EXCELSIOR BLVD MINNEAPOLIS, MN 55426	X						

### **Signatures**

/s/ Morgan Wolf	04/01/2009
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options become exercisable at a rate of one-half of the total options (3,750 options) on each annual anniversary thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.